

5 ways faster, straight teeth braces are perfect for busy adults like you

Have you ever felt envious of anyone, including some of the famous celebrities, because of their straight, white teeth and the way they can smile confidently at the world? Believe me, few of them - if any - were born with the smile you see today!

In today's world where your appearance, self-confidence and even success are closely linked, it pays to have a straight, confident smile. Like many adults, you may be worried that you've 'missed the boat' because you didn't wear a brace when you were younger, but these days, with the arrival of faster, removable teeth straightening systems it's never too late - you too can have an amazing new smile in a matter of weeks or months.

But why now? Maybe the reason is as an adult you can afford braces when your parents couldn't or you are simply more conscious of the cosmetic and health benefits of having straight teeth.

Here are some of the big reasons why faster, straighter braces are perfect for busy adults like you:

1. Braces aren't just used for boosting your confidence and the overall appearance of your smile. The results can seriously increase your social and career success.
2. It's never too late to perfect your smile - just ask the increasing number of adults who are rushing to get their teeth straightened. These days, adults make up nearly half of orthodontic patients hoping to finally get the perfect smile they've always dreamed about.
3. Removable braces usually take much less time to straighten your teeth than fixed braces. You can also fit them into your lifestyle; for example, you can remove them for the evening if you are going out for a meal or socialising with friends. Alignment can be carried out as a standalone treatment or before whitening and bonding for an ideal minimally-invasive path to a great new smile!
4. Uneven teeth are prone to uneven wear causing exposure of dentine that wears fast and absorbs stains. Straight teeth are far less likely to suffer from this ageing effect and expensive corrective treatments can be avoided. Having properly aligned teeth can actually improve your overall oral health. Not only are straighter teeth easier to clean by collecting less plaque, they also allow your gums to fit more securely around your teeth, helping to reduce your risk of developing gum disease. If your teeth are crowded or unevenly spaced, you could develop swollen, red gums. These are a sign that you may have periodontal (gum) disease. Braces can help by properly aligning your teeth and eliminating the spaces between your gums and teeth. Gums that fit securely around your teeth are one of the best defences against periodontal disease, as they help prevent bacteria building up along the gum line.
5. With the shorter treatment time required by our faster straight teeth systems, and by wearing a brace that is kind and gentle to your teeth (as well as being virtually undetectable to others), there has never been a better time to get the smile you've always wanted. You can get that smile today by taking advantage of our 0% finance option. NO upfront deposit required and you can spread the cost over 10 months so it's even better value than using your credit card!

There are several different 'fast brace' options. To discuss which one would be best for you and to find out more about how the treatment works, book a free consultation at Adelphi by calling us on 01772 253 443 or emailing adelphi@live.co.uk.